

**Small Grant - Calverley Running Group**

Area Committee Well-Being Fund

Outer West Area Committee

**Project Name:** Calverley Running Group (Group currently being constituted)  
**Amount Applied for:** £92.92

**Lead Organisation:** Calverley Running Group

**Project Summary:**

This application is to fund the purchase of running equipment needed for warm up and warm down activities for a new running group.

**Project Delivery**

The Calverley Running Group will provide structured running with coaching and lead runs held over 10 weeks initially. There will also be advice on healthy living, technique and goal setting. This will form the basis of a permanent arrangement if it is successful.

**Evidence of Need/ Fund priority**

- Sustainable Economy and Culture
- Safer and stronger Communities
- Health and Wellbeing
- Children and Families

**Outcomes**

The aim is to encourage local people to take part in physical activity by taking up running. Membership is open to all, including existing runners, with support for all abilities and those with limited disability (i.e., deafness) as is practical.

**Ward / Neighbourhood:**

- Calverley & Farsley

**Project Cost & Financial Breakdown**

Total cost of the project – £92.92

Wellbeing Requested – £92.92

**Financial Breakdown**Cost of the following equipment

8x Hi-Visibility Bib Vest (£6.99 each)	£55.92
Acme Whistle (for warm up activities)	£ 3.45
50x Marker Cones (for warm up activities)	£13.66
2x Skills/Reaction Ball	£13.40
Exercise Bands (for warm down activities)	£ 6.49
<b>Total</b>	<b>£92.92</b>